

Wellness



John Hellige, Vice President of Finance during his Biometric Screening

Get A Running Head Start On Your 2014 New Year's Resolution. In 2013, FirstFleet introduced a new Wellness Program to benefit participant employees and their covered spouses. In 2014, we will continue this wellness service through BlueCross BlueShield of Tennessee. These services are available the rest of this year and into the 2014 plan year. There are financial incentives that go along with the program for all employees and their spouses who are also covered by the BlueCross health insurance plan. Looking beyond 2014, employees that do not participate in the Personal Health Assessment and Biometrics will pay significantly more for the insurance premiums.

How can I get started?

To get started on the road to health and wellness, log into BlueAccessSM at www. bcbst.com. Under "My Health and Wellness," select "My PHA." This will take you to

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FirstFleet at Sunset

Photo courtesy of Phoenix, AZ Driver Cammie Hockman. Thank you for sharing Cammie, very nice!

Wellness continued

your new member wellness site where you can begin by completing your Personal Health Assessment (PHA). You and your spouse can do that today and in all of 2014. Both the employee their spouse as well as any dependents can take the PHA, however only the employee and their spouse will receive the financial reward for doing so.

Why should I participate?

The Member Wellness site is a fun, interactive way to stay on target with your health goals. And by participating in your wellness program, you are able to earn incentives! You can earn each incentive once a year.

What if I took the Personal Health Assessment in 2013?

Our Wellness campaign starts over each year. You will be asked to take the Personal Health Assessment again in 2014 and you are eligible for the same incentives Biometric screening can be completed by your family doctor or during your DOT physical. Please contact HR for the form that will be needed to be completed by your doctor.

In 2014, the incentives include:

- \$30 Gift Card for completing your Personal Health Assessment
- \$50 Gift Card for completing a lifestyle health coaching program
- \$50 Gift Card for completing a self-directed program (limit two per year)
- \$50 Gift Card for completing your biometric health screening

Need assistance? No problem!

Call your HR representative at 1-800-819-0905. Your local fleet manager can also give you details.



Congratulations, Jimmy!

Congratulations to Jimmy Lawson, Cleveland, TN Driver, pictured here wearing the jacket he won for No Violations during a DOT Inspection! Also pictured is Wayne Hayes, Safety Trainer, Cleveland, TN.

Did you know?



Scholarships

ach year scholarships are available through the Tennessee Trucking Association for dependent children, spouses or employees of companies who are members in good standing with the TTA. Recently the TTA awarded \$10,500 in scholarships for the 2013-2014 academic year including \$1,500 to Daniel Stephens Hiland, III, son of Dan and Vonda Hiland. Vonda is First-Fleet's Billing Lead in Murfreesboro, TN. Stephens is a Junior at Trevecca Nazarene University in Nashville, TN, he currently has a 4.0 GPA and is majoring in Communications. In addition Stephens is an Eagle Scout, the Design & Layout Editor for TrevEchoes the Student Newspaper at Trevecca and the Silver Team Production Director for Win-Shape Camps during summer months. Congratulations to you Stephens! Additional information for those interested in applying for the TTA Scholarships can be found by visiting the TTA website at tntrucking.org



ieutenant Governor of Indiana Sue Ellspermann recently visited Peyton's Northern in Bluffton, IN. Perry Glancy, Fleet Manager, was invited to sit in on a small round table discussion with about 25 other local business's regarding Business and Agriculture in Indiana and in particular Bluffton Indiana and Wells county.

The first hour covered, Strengths, Weaknesses, Opportunities, Threats and the State's Role. After that, the State made an announcement that they will fund 20 scholarships to enroll in IVY Tech College CDL program. Representatives of IVY Tech College & the Wells County Economic Development Corporation and the Mayor all attended. The City of Bluffton announced plans to assist participants in this program by offering transportation to and from training.

At FirstFleet we are looking forward to placing qualified graduates of this program into our mentor program and helping these individuals develop their career and future with one of the best carriers in the industry. Overall this was a great day for our local industry in Bluffton, IN.

Did you know?



Canal Winchester High School, Winchester, OH Valedictorian, 4.0+ GPA, Homecoming Queen. Attending Ohio University on a Scholarship with plans of a career in Early Childhood Development / Medical Assistance. Kaitlin is the daughter of Richard and Micky Miller. Richard is FirstFleet's Terminal Manager in Circleville, OH.



Congratulations to Miss Chelsea Presley, 2013 Riverdale High School Murfreesboro, TN Graduate, Homecoming Queen, Best All Around Senior Girl. Attending Middle Tennessee State University on a Scholarship with plans of a career in Early Childhood Education. Chelsea is pictured with her Dad, Richard Presley and Mom Andrea Presley who is First-Fleet's Recruiting Specialist in Murfreesboro, TN.

Driver Appreciation Week

2013 Driver Appreciation Week was held during the week of September 15th to celebrate and honor the efforts of America's 3.1 million professional truck drivers! FirstFleet drivers are truly the best in the business and we are truly grateful for each team member that has chosen to make FirstFleet their place of employment!



Elkton, VA enjoyed lunch with the drivers!

Pictured It to rt Cindy Gainer, Driver; Tony Mancuso, Transportation Supervisor; Nolan Alger, Driver



Omaha enjoyed lunch with the drivers!

Pictured It to rt Rich Hansen, Driver; Tom Sindelar, Driver; Brian Swank, Driver. Among other events Delaware celebrated with a Food Truck, Giveaways and Full Service Fueling for the drivers!







Jack Saunders, Driver; Lloyd Angel, Safety Trainer



Middletown, NY enjoyed lunch with the drivers!

Pictured It to rt Scott Miller, Driver; Bill Pray, Fleet Manager; Jennifer Finnegan, Transportation Supervisor; Charlie Whitlock, Driver





Dan Tanksley, Driver; Lenny Saunders, Driver



Mike Doyle, Terminal Manager



Tom Welles, Driver



Matt Enderbury, Driver

3,000,000



Lou Earls 3,000,000 Safe Miles!



Lt to Rt: Lou Earls, Driver; Adam Wilson, Regional Manager

Mr. Lou Earls began his driving career with FirstFleet, Inc. in 1987. He drives for the Kroger account out of our Cleveland, TN terminal. Lou and his wife Alice have been married 40 years, they have 1 daughter and 4 grandchildren. Lou attributes his 26 year and 3 Million Mile Safe Driving accomplishment to always being aware of what is around his vehicle, understanding others will make mistakes, being prepared to give the right of way and being patient. **FirstFleet, Inc. is extremely proud of Lou Earls, the companies third 3 Million Mile Safe Driver!**

Safe Miles

Tim Rigby 3,000,000 Safe Miles!



Lt to Rt: Adam Wilson, Regional Manager; Mayor Ted Ellis, Bluffton, IN; Tim Rigby, Driver; Perry Glancy, Terminal Manager; Gary Hoagland, Peyton's; Daniel Piper, Vice President of Operations

Mr. Tim Rigby began his driving career with FirstFleet, Inc. in 1989. He drives for the Kroger account out of our Bluffton, IN terminal. Tim and his wife Peggy will be celebrating their 40th Anniversary in April, they have 2 children and 4 grandchildren. Tim attributes his 24 year and 3 Million Mile Safe Driving accomplishment to always staying aware of his surroundings, anticipating other drivers and errors they may make, never being in a hurry and watching out for those who are in a hurry. **FirstFleet, Inc. is extremely proud of Tim Rigby, the companies fourth 3 Million Mile Safe Driver!**

Congratulations!



Congratulations to Wendy Denson, Maintenance Administrator, Murfreesboro, TN on the birth of her beautiful granddaughter Lily Jane Fuqua pictured with her beautiful big sister Kapree. Lily was born March 13, 2013 weighing 6 pounds 14 ounces, 19 inches long.



Congratulations to Dawn Lawler, Maintenance Administrator, Murfreesboro, TN on the marriage of her daughter. Teresa and Dennis Chieffo were married June 29, 2013 at the Crystal Point Yacht Club in Point Pleasant Beach, NJ.



Congratulations to Vonda Hiland, Billing Lead, Murfreesboro, TN on the birth of her beautiful granddaughter Emmalyn Renee Berry. Emmalyn was born July 23, 2013 weighing 8 pounds 10 ounces, 21 inches long.

2,000,000



Safe Miles

Neil Cinnamon 2,000,000 Safe Miles!



Lt to Rt: Daniel Piper, Vice President of Operations; Neil Cinnamon, Driver; Rob Stone, Terminal Manager; Gary Wilson, President

Neil Cinnamon has been driving for FirstFleet, Inc. out of our Ames, IA terminal for 16 years. Neil attributes his safe driving success to always practicing professional driving. He says he never travels in packs of traffic and always keeps room ahead to adjust his position. **FirstFleet, Inc. is very proud of Neil Cinnamon, the companies 45th Two Million Mile Safe Driver!**

John Moran 2,000,000 Safe Miles!



Lt to Rt: John Moran, Driver; Rob Stone, Terminal Manager; Gary Wilson, President; Daniel Piper, Vice President of Operations.

John Moran has been driving for FirstFleet, Inc. out of our Ames, IA terminal for 16 years. John attributes his safe driving success to always making safety a daily priority. He says he always watches out for the other driver, shares the road in a professional manner and gives the right of way rather than taking it. **FirstFleet, Inc. is very proud of John Moran, the companies 46th Two Million Mile Safe Driver!**



Craig Grimes 2,000,000 Safe Miles!

Craig Grimes has been driving for FirstFleet, Inc. out of our Cleveland, TN terminal for 17 years. Craig attributes his safe driving accomplishment to always paying attention to everything going on around him. He says he always keeps a safe following distance, does not get in a hurry and sometimes just takes a deep breath and analyzes the situation before any movement begins. **FirstFleet, Inc. is very proud of Craig Grimes, the companies 47th Two Million Mile Safe Driver!**

Andrew Padilla 2,000,000 Safe Miles!



Andrew Padilla, Driver

Andrew Padilla has been driving for FirstFleet, Inc. out of our Phoenix, AZ terminal for 14 years. Andrew attributes his safe driving accomplishment to always paying attention to the job of safe driving. He says to always learn from your mistakes, have patience and courtesy and always be aware. FirstFleet, Inc. is very proud of Andrew Padilla, the companies 48th Two Million Mile Safe Driver and the first out of the Western Region!

Lt to Rt: Ryan Getts, Terminal Manager; Craig Grimes, Driver; Adam Wilson, Regional Manager



Johnathan Harold 2,000,000 Safe Miles!

Lt to Rt: Johnathan's Wife and Kids; Johnathan Harold, Driver; Ryan Getts, Terminal Manager

Johnathan Harold has been driving for FirstFleet, Inc. out of our Cleveland, TN terminal for 16 years. Johnathan attributes his safe driving accomplishment to the motto "Don't Be Hasty, Practice Safety!", John is a family man and is always on the lookout for the safety of other families who he shares the road with. He says he tries to drive safely all the time, trusts in God and tries to recognize early any situation that requires him to slow down and gets his rest as he is well aware that fatigue never takes a break. FirstFleet, Inc. is very proud of Johnathan Harold, the companies 49th Two Million Mile Safe Driver! Dewayne Burton 2,000,000 Safe Miles!



Lt to Rt: Dewayne Burton, Driver; Daniel Piper, Vice President of Operations

Dewayne Burton has been driving for FirstFleet, Inc. out of our Portland, TN terminal for 16 years. Dewayne attributes his safe driving success to always watching out for the other driver, taking it easy when conditions warrant it and respecting his equipment at all times. Benny Tuck, Dewayne's manager says he has the highest respect for Dewayne, he's always on time, is a team player and a credit to the company. FirstFleet, Inc. is very proud of Dewayne Burton, the companies 50th Two Million Mile Safe Driver!

FirstFleet, Inc. is very proud of our **Two Million Mile Safe Drivers!**

Did you know?

When Mrs. Carolyn Bryant, Murfreesboro, TN Receptionist, isn't busy taking care of all of us she and her husband Richard are running the C&R Railroad and making their passengers of all ages very happy!





Maintenance



Times are changing and our need for safe reliable vehicles has never been greater. FirstFleet is evolving with the times and constantly striving to provide options to keep our drivers safe, to protect our investment and the safety of other drivers. We are very pleased to announce we have chosen to add Bendix Wingman Technology to our new units!

Whatisthe Bendix Wingman Advanced system and how does it operate? Bendix Wingman Advanced delivers both adaptive cruise control with braking features along with collision mitigation technology. The adaptive cruise control with braking feature of Bendix Wingman Advanced can help drivers maintain a set following distance behind a vehicle when vehicle cruise control is on and set. The system delivers active interventions including braking, if necessary to help the driver keep their distance.

The collision mitigation technology adds additional braking power that may help drivers mitigate a potential rear-end collision by warning the driver first, then applying brakes if necessary when a forward collision is likely to happen. The collision mitigation feature of Bendix Wingman Advanced is always available – whether or not vehicle cruise control is on and set.

Along with these active interventions, Bendix Wingman Advanced delivers driver alerts that let the driver know when they may be getting too close to the vehicle in front of them. Plus, the system can provide stationary object alerts, which let the driver know of potential metallic objects – such as stalled cars – in their lane of travel. Both alerts are always available, whether cruise control is engaged or not. Finally, the system is built upon the Bendix ESP full stability system to help the driver address potential rollover or loss-of-control situations in a variety of weather and road situations.

While Bendix Wingman Advanced is designed to help drivers in these situations, it does not replace the need for alert, responsible drivers practicing safe driving habits, along with supportive driver training.



The Bluffton, IN shop is growing! The expansion and renovation should be completed in December 2013!

Congratulations, David!

Congratulations to David Graves, Portland, TN on his promotion to Area Maintenance Manager!

Welcome, Terry!

Welcome to Terry Murphy, Regional Maintenance Manager who joined First-Fleet in September!

Did you know?



Kindra Glancy (bottom row, 2nd from left) daughter of Perry Glancy, Bluffton, IN Terminal Manager, plays for the traveling Decatur Force Volleyball Club. The team played 9 tournaments around Indiana and Ohio winning Gold in 6! Great job Kinda and teammates on an awesome season!



Madison Glancy of the Bluffton, IN terminal had yet another successful year at the Adams County Fair in Monroe, IN. Pictured with her Reserve Grand Meat Pen of Rabbits and her Grand Champion Boer Goat Wether. Congratulations Madison!



Congratulations to Madison Glancy of the Bluffton, IN terminal and the Bellmont High School Girls Volleyball Team Winners of the 2013 Volleyball AAA Sectional Championship. Madison was also featured as the Player of the Week in the Decatur, IN Democrat during the week of November 7, 2013 for three kills and a block during the semi-state battle against Mishawaka Marian!

1,000,000



Safe Miles

Patrick Kenney 1 Million Safe Miles!

Patrick began his career with FirstFleet in 2000, he drives out of the Cleveland, TN terminal. Congratulations Patrick!

> Lt to Rt: Ryan Getts, Terminal Manager; Patrick Kenney, Driver



James Berrier 1 Million Safe Miles!

James began his career with FirstFleet in 2003, he drives out of the Jamestown, NC terminal. Congratulations James!



James Berrier, Driver

Kevin Hill 1 Million Safe Miles!

Kevin began his career with FirstFleet in 2006, he drives out of the Tolleson, AZ terminal. Congratulations Kevin!

Lt to Rt: Kevin Hill, Driver; Gary Keltner, Safety Trainer



Mark Zortman 1 Million Safe Miles!

Mark began his career with FirstFleet in 2005, he drives out of the Phoenix, AZ terminal. Congratulations Mark!

Mark Zortman, Driver



Michael Martin 1 Million Safe Miles!

Michael began his career with FirstFleet in 2000, he drives out of the Lynchburg, VA terminal. Congratulations Michael!

Lt to Rt: Kelly Moore, Terminal Manager; Michael Martin, Driver; Mike Radford, Regional Manager



Daniel Martin 1 Million Safe Miles!

Daniel began his career with FirstFleet in 2005, he drives out of the Lynchburg, VA terminal. Congratulations Daniel!

Lt to Rt: Kelly Moore, Terminal Manager; Daniel Martin, Driver; Mike Radford, Regional Manager



James Oliver 1 Million Safe Miles!

James began his career with FirstFleet in 2005, he drives out of the Norfolk, VA terminal. Congratulations James!

Lt to Rt: Greg Barrett, Terminal Manager; James Oliver, Driver; Mike Radford, Regional Manager



Ronald Steiner 1 Million Safe Miles!

Ronald began his career with FirstFleet in 2004, he drives out of the St. Joseph, MO terminal. Congratulations Ronald!

Lt to Rt: Daryl Gill, Terminal Manager; Ronald Steiner, Driver



Thomas Goldizen 1 Million Safe Miles!

Thomas began his career with FirstFleet in 2005, he drives out of the St. Joseph, MO terminal. Congratulations Thomas!

Lt to Rt: Daryl Gill, Terminal Manager; Thomas Goldizen, Driver; Jesse Cross, Transportation Supervisor



Robert Pooley 1 Million Safe Miles!

Robert began his career with FirstFleet in 2005, he drives out of the Phoenix, AZ terminal. Congratulations Robert!

Lt to Rt: Gary Keltner, Safety Trainer; Robert Pooley, Driver; Jon Singenberger, Transportation Supervisor



Ronnie Melton 1 Million Safe Miles!

Ronnie began his career with FirstFleet in 2000, he drives out of the Jamestown, NC terminal. Congratulations Ronnie!

Ronnie Melton, Driver



Paul Richards 1 Million Safe Miles!

Paul began his career with FirstFleet in 2003, he drives out of the Cleveland, TN terminal. Congratulations Paul!

Lt to Rt: Ryan Getts, Terminal Manager; Paul Richards, Driver



Tim Thurman 1 Million Safe Miles!

Tim began his career with FirstFleet in 2001, he drives out of the Cleveland, TN terminal. Congratulations Tim!



Lt to Rt: Tim Thurman, Driver; Darlene Thurman, Tim's Wife.

Louis Ramos 1 Million Safe Miles!

Louis began his career with FirstFleet in 2005, he drives out of the Tolleson, AZ terminal. Congratulations Louis!

Lt to Rt: Louis Ramos, Driver; Jon Singenberger, Transportation



Tim Shields 1 Million Safe Miles!

Tim began his career with FirstFleet in 1996, he drives out of the Portland, TN terminal. Congratulations Tim!

Lt to Rt: Kevin Steele, Safety Trainer; Tim Shields, Driver



Brian Swank 1 Million Safe Miles!

Brian began his career with FirstFleet in 2004, he drives out of the Omaha, NE terminal. Congratulations Brian!

> Lt to Rt: Rob Stone, Terminal Manager; Brian Swank, Driver



Todd Wilson 1 Million Safe Miles!

Supervisor.

Todd began his career with FirstFleet in 2005, he drives out of the Phoenix, AZ terminal. Congratulations Todd!

Lt to Rt: Gary Keltner, Safety Trainer; Todd Wilson, Driver



Michael Howell 1 Million Safe Miles!

Michael began his career with FirstFleet in 2006, he drives out of the Tolleson, AZ terminal. Congratulations Michael!

Lt to Rt: Jim Skaare, Safety Director; Michael Howell, Driver; Gary Keltner, Safety Trainer



Billy Fink 1 Million Safe Miles!

Billy began his career with FirstFleet in 1999, he drives out of the Russellville, AR terminal. Congratulations Billy!

Lt to Rt: David Margolis, Regional Manager; Billy Fink, Driver; J.M. Honaker, Terminal Manager.



Carl Hall 1 Million Safe Miles!

Carl began his career with FirstFleet in 2003, he drives out of the Bluffton, IN terminal. Congratulations Carl!

Lt to Rt: Carl Hall, Driver; Perry Glancy, Terminal Manager.



Michael Jowers 1 Million Safe! Miles

Michael began his career with FirstFleet in 2005, he drives out of the Huntsville, AL terminal. Congratulations Michael!

Lt to Rt: Lennon Lott, Terminal Manager; Michael Jowers, Driver; Dave Margolis, Regional Manager



Randy Miller 1 Million Safe Miles!

Randy began his career with FirstFleet in 2004, he drives out of the Cedar Rapids, IA terminal. Congratulations Randy!

Lt to Rt: Randy Miller, Driver; John Harriman, Regional Manager; Danica Schoenfelder, Transportation Supervisor



Peter Homco 1 Million Safe Miles!

Peter began his career with FirstFleet in 2001, he drives out of the Portland, TN terminal. Congratulations Peter!



Lt to Rt: John Gifford, Terminal Manager; Peter Homco, Driver

Kenneth Bumpus 1 Million Safe Miles!

Kenneth began his career with FirstFleet in 1999, he drives out of the Portland, TN terminal. Congratulations Kenneth!

Lt to Rt: John Gifford, Terminal Manager; Kenneth Bumpus, Driver



Lonnie White 1 Million Safe Miles!

Lonnie began his career with FirstFleet in 2003, he drives out of the Portland, TN terminal. Congratulations Lonnie!

> Lt to Rt: John Gifford, Terminal Manager; Lonnie White, Driver





FirstFleet is pleased to share the accomplishments of these 1 Million Mile Safe Drivers!

Did you know?

FirstFleet, Bluffton, IN teamed up with Peyton's, the local Kroger Store and the Wells County Boys and Girls Club during the 2013 Bluffton Street Fair. The group distributed Kroger brand peanut butter, granola bars and maple oatmeal packets.



Did you know?

FirstFleet, Bluffton, IN is a Proud Supporter of their local Wells County Boys and Girls Club. Pictured is Perry Glancy, Terminal Manager (back row, far left) and Randy Merriman, Driver (back row, far right) presenting a Donation to Lisa Christen of the Boys and Girls Club. It's good to see so many smiling faces and to wonder how many future FirstFleet drivers, mechanics or operations staff may be pictured here!



500,000



Safe Miles

James Callens 500,000 Safe Miles!

James began his career with FirstFleet in 2008, he drives out of the Portland, TN terminal. Great job James!



Lt to Rt: Benny Tuck, Terminal Manager; James Callens, Driver

Shanna Lawson 500,000 Safe Miles!

Shanna began her career with FirstFleet in 2008, she drives out of the Portland, TN terminal. Great job Shanna!

Lt to Rt: John Cole, Safety Trainer; Shanna Lawson, Driver; John Gifford, Terminal Manager



Ronnie Ellis 500,000 Safe Miles!

Ronnie began his career with FirstFleet in 1998, he drives out of the Portland, TN terminal. Great job Ronnie!

Lt to Rt: Ronnie Ellis, Driver; Benny Tuck, Terminal Manager



Robert Griffin 500,000 Safe Miles!

Robert began his career with FirstFleet in 2007, he drives out of the Tolleson, AZ terminal. Great job Robert!



Robert Griffin, Driver



FirstFleet is pleased to share the accomplishments of these 500,000 Mile Safe Drivers!

Did you know?

More than 1 Million people in the United States are diagnosed with cancer each year, this is a staggering statistic that affects so many of us directly or through a loved one. Please help fight back by getting involved and making a difference in the fight against cancer. FirstFleet wants to send a big THANK YOU to all of you who are already involved!



Meet Team Orange Ribbon – Amanda Cate, Warranty Manager (pictured 3rd from right) along with family and friends raised \$3,000 this year at the Relay for Life in Bowling Green, KY. This year was their 4th year of participation and as a small non-sponsored team they sure do fight hard!



Rhoda Hawkins, Omaha, NE Transportation Supervisor is currently fighting breast cancer. Pictured here with some of her FirstFleet Family Support Group who have shaved their heads to show their support. Rhoda, please know you are in our thoughts and prayers!



Miss Piper Dover, age 6, Granddaughter of Cammie Williams, Billing Admin. in Portland, TN. Piper won Queen and Prettiest Eyes in a beauty pageant to support Relay for Life in Portland, TN. Congratulations Piper!

Congratulations!

Cammie Williams, Billing Admin. Portland, TN, has a lot to smile about when it comes to her Grandchildren!



Stratton Douglas, born October 3, 2013 weighing 7lbs 15ozs and 19.5 inches long, a handsome little guy!



Miss Kenzie Dover, 5 years is Portland, TN's 2013 Miss Tiny Tot Strawberry Queen! Congratulations Kenzie!



Guido Miller, Cedar Rapids, IA Driver received his United States Citizenship on Friday, September 13, 2013 during the Naturalization Ceremony held at the Hoover Presidential Library in West Branch, IA.



WWII Veteran, Lt. Maurice Boultinghouse (right), Father of Judy Koons, Terminal Manager Henderson, KY participated in a flight to Evansville, IN aboard a B-17 Bomber on August 4, 2013. Lt. Boultinghouse was a pilot during WWII and the actual B-17 that he flew is currently on display at the Smithsonian in Washington, D.C. Lt. Boultinghouse celebrated his 90th Birthday on September 9, 2013. We hope you had a very Happy Birthday, Sir and Sincerely Thank You for your service.





Phoenix, AZ Drivers (left to right) Robert Wingfield, Trevor Pearson, Rich McCall and Willie Johnson enjoying a day of golf at the 3rd Annual FirstFleet Phoenix Golf Tournament held at the Palm Valley Golf Course in Goodyear, AZ this past April.



Phoenix, AZ Drivers (left to right) Matthew Clark, Nathan Buffington (friend of Matthew), Jill Kendrick (wife of Steve) and Steve Kenrick enjoying a day of golf at the 3rd Annual FirstFleet Phoenix Golf Tournament held at the Palm Valley Golf Course in Goodyear, AZ this past April.



Kudos to Rolando Franco, Tolleson, AZ Driver who is pictured with the Mayor of Albuquerque, NM as he received a Certificate of Volunteer Recognition! The City of Albuquerque held an event for Rolando and other dedicated community members whose combined efforts in sustaining current community programs and services saved the City over Six Million Dollars!



A brand new fleet of Mack Tractors going into service at FirstFleet, Auburn, ME.



Bluffton, IN Driver, Ron Uptgraft was recently featured in an article titled "Eyes on the Road, Ears in a Book" during National Library Week in Wells Co, IN. Ron is an avid book lover and believes the audiobooks he checks out from the Wells Co. Library are a perfect fit for his on-the-go lifestyle. Ron says while driving he selects books that keep his attention but aren't too in-depth so he can easily concentrate on driving safely.



Danica Schoenfelder (2nd from left) and Sarah Lala (4th from left) Cedar Rapids, IA Transportation Supervisors participated in The Color Run also known as "The Happiest 5K on the Planet" this past July. Events are held in various cities across the country with only two rules: 1. Wear white at the starting line 2. Finish plastered in color! Looks like it was a lot of fun ladies, thanks for sharing!



Robert Scales, Norfolk, VA Driver (left) received Employee of the Month this past April from Flowers Norfolk Plant President, Johnny Smith (right). Robert was nominated for the award by Mark Sterling, Flowers Norfolk Director of Shipping for providing service above and beyond. Congratulations Robert!

Got News? Want to Share It?

Please email your submission along with photos to: MaggieEngle@maengle@firstfleetinc.com or call 1-800-819-0905 x1108 with any questions.

Got News? **STAY ON**

Slip, trips and fall injuries are the most common and frequent injury for drivers during the winter months. Each year, thousands of professional drivers are injured due to winter weather conditions and not being prepared to deal with it.

Working when ice and snow are present require our full attention and awareness to slippery conditions.

SOME TIPS TO KEEP YOU SAFE:

- a)Always wear proper footwear. A full support leather shoe with a rugged non-slip sole is preferred. Use non-slip covers on your shoes (Yak-Trax is an example)
- b)<u>SLOW DOWN</u> Don't be in a hurry.

Expect it to be slippery and approach it that way.

st Fleet

- c)Always watch where you walk. Snow can accumulate on top of ice in and around truck parking areas.
- d)Take small steps, check your footing with each step and keep your balance.
- e)Look for ice on all handrails and hand grab rails before using them.
- f)<u>Always</u> use gloves for a better grip.

g)Always use three points of contact when exiting or entering your

tractor or trailer or when getting on the catwalk behind the cab. Always!

Always use your seatbelt and of course, <u>SLOW DOWN!</u>

ICE AND SNOW - MEAN TAKE IT SLOW!



Anniversaries

5 YEAR SERVICE AWARDS

Akins, Bruce, Maryland Heights, MO Anderson, Randy, Delaware, OH Anderson, William, Delaware, OH Angstrom, Owen, Ames, IA Arendale, Curtis, Morristown, TN Arner, Kenneth, Cleveland, TN Asher, Henry, Delaware, OH Barber, Jeffrey, Cleveland, TN Bartholomew, George, Cleveland, TN Benton, James, Portland, TN Bois, James, Tolleson, AZ Bond, Adam, Murfreesboro, TN Bond, Richard, Omaha, NE Borisch, Chris, Bluffton, IN Boyman, Eric, Middletown, NY Briggs II, William, Delaware, OH Brown, Michael, Fountain, CO Brown, Robert, Norfolk, VA Callens, James, Portland, TN Carter, Sherri, Jamestown, NC Cermack, Derrick, Delaware, OH Chadwick, Bobby, Cleveland, TN Childress, Rickie, Jamestown, NC Clark, Matthew, Tolleson, AZ Clower, Elisha, Tolleson, AZ Conger, Willie, Portland, TN Conley, Roy, Delaware, OH Cunningham, Ben, Cedar Rapids, IA Davis, Daphne, Murfreesboro, TN Deardorff, Andrew, Fountain, CO Dennis, Andy, Portland, TN Dodson, Johnie, Huntsville, AL Dorris, Howard, Portland, TN Drouin, Paul, Fountain, CO Earley, Michael, Cleveland, TN Edwards, Johnny, Bluffton, IN Ewing, Jeffrey, Ames, IA Falada, Paul, Cedar Rapids, IA Fleeger, Robert, Bluffton, IN Fleming, Jason, Newton, NC

10 YEAR SERVICE AWARDS

Arnold, Jerry, Bluffton, IN Ball, Kyle, Norfolk, VA Barber, Jamie, Murfreesboro, TN Barrett, Greg, Norfolk, VA Berrier, Jr., James, Goldsboro, NC Bowen, Bruce, Bluffton, IN Boyce, James, Fountain, CO

Follin, Fred, Murfreesboro, TN Fulton, Joseph, Delaware, OH Gonzales, Tarus, Tampa, FL Gordon, Kelly, Tampa, FL Grays, Dondi, Murfreesboro, TN Hallman, John, Middletown, NY Harkless, Joshua, Bluffton, IN Harris, Sharon, Bluffton, IN Haynes, Jasper, Cleveland, TN Heard, Edward, Cleveland, TN Heffelmire, Ruth, Bluffton, IN Hendrick, Thomas, Portland, TN Henschen, Thomas, Cleveland, TN Hernandez, Hilario, Newton, NC Hernandez, Victoria, Bluffton, IN Hoell, Frederick, Newton, NC Hollingsworth, William, Delaware, OH Hopkins, Gerald, Delaware, OH Howington, Michael, Morristown, TN Jett, Brad, Tolleson, AZ Jones, Carl, Phoenix, AZ Kane, Shawn, Phoenix, AZ Kraner, Elizabeth, Bluffton, IN Lamb, Darryl, Norfolk, VA Lawson, Shanna, Portland, TN Lewis, Kimmon, Fountain, CO Lindsey, Billy, Cleveland, TN Long, Dennis, Morristown, TN Macias, Daniel, Tolleson, AZ Martin, Brian, Delaware, OH Martin, James, Phoenix, AZ Mays, Edith, Newton, NC McDaniel, Jr., Amos, Huntsville, AL Miller, Jeffrey, Portland, TN Miller, Lou, Murfreesboro, TN Mims, Kenneth, Cedar Rapids, IA Minnich, Nathan, Bluffton, IN Mitchell, James, Omaha, NE Morgan, Michael, Portland, TN Morningstar, Gregory, Bluffton, IN

Brandon, Jr., Grady, Portland, TN Brown, Michael, Tolleson, AZ Burgess, Kelly, Plant City, FL Burkitt, Cindy, Murfreesboro, TN Caldwell, Allen, Murfreesboro, TN Carver, Kelcey, Portland, TN Caylor, Donald, Bluffton, IN

Morris, Robert, Delaware, OH Mounsey, Rodney, Bluffton, IN Murphy, Mike, Murfreesboro, TN Nash, Micahel, Tolleson, AZ Neff, Victor, Delaware, OH Osborne, Samantha, Murfreesboro, TN Painter, Bryan, Cleveland, TN Patterson, Robert, Lynchburg, VA Pechacek, David, Fountain, CO Perdue, Ronald, Portland, TN Phipps, Rodney, Murfreesboro, TN Plante, Paul, Tolleson, AZ Price, Howard, Norfolk, VA Price, Kevin, Bluffton, IN Ratliff, Larry, Kansas City, MO Reinisch, Jack, Orlando, FL Roark, Brian, Delaware, OH Roper, Trent, Fountain, CO Ryines, Mervin, Fountain, CO Sanders, Robert, Tolleson, AZ Schoenfelder, Danica, Cedar Rapids, IA Sharper, Jr., Herman, Goldsboro, NC Sindelar, Thomas, Omaha, NE Smith, Larry, Fountain, CO Smith. Thomas. Newton. NC Stephens, Richard, Springdale, AR Swingen, Tracy, Cedar Rapids, IA Tardy, Bruce, Lynchburg, VA Tharp, Donald, Dandridge, TN Thompson, James, Tolleson, AZ Vigil, James, Fountain, CO Walker, Jerry, Portland, TN Walton, Charles, Newton, NC Watson, Roland, Tampa, FL Wiersma, Chad, Delaware, OH Williams, Michael, Tolleson, AZ Wingfield, Robert, Phoenix, AZ Wisnoski, Christopher, San Antonio, TX Yunker, Jeff, Tolleson, AZ

Chase, Matt, Phoenix, AZ Conley, Ray, Portland, TN Cossey, Roland, Springdale, AR Cox, Brian, Bluffton, IN Dafforn, Brandie, Bluffton, IN Darton, Ben, Tolleson, AZ Davis, Steven, Cleveland, TN

10 YEAR SERVICE AWARDS CONTINUED

Doyle, Craig, Morristown, TN Ferguson, Richard, Springdale, AR Galloway, Mark, Porland, TN Hall, Carl, Bluffton, IN Harris, Michael, Bluffton, IN Harris, Thomas, Cleveland, TN Harvey, Edgar, Portland, TN Hayes, Wayne, Cleveland, TN Jacobs, Larry, Bluffton, IN Jenkins, Sr., Gene, Portland, TN Johnson, Robert, Portland, TN Juroska, Julius, Fountain, CO Kamenske, Michael, Portland, TN King, Sean, Tolleson, AZ Lamont, Dan, Murfreesboro, TN Lee, Andrew, Bluffton, IN

15 YEAR SERVICE AWARDS

Addington, Phillip, Bluffton, IN Banter, Jeffery, Bluffton, IN Barber, Tricia, Murfreesboro, TN Basham, Greg, Portland, TN Bertram, Rober, Portland, TN Bridegam, Toby, Bluffton, IN Davis, Troy, Cleveland, TN Dudas, Chris, Cleveland, TN Ellis, Ronnie, Portland, TN

20 YEAR SERVICE AWARDS

Beeny, David, Murfreesboro, TN Clark, Daran, Portland, TN Dorris, Tracy, Cleveland, TN Hernandez, Richard, Bluffton, IN

25 YEAR SERVICE AWARDS

Cissom, James, Cleveland, TN

Lott, Lennon, Huntsville, AL Martinez, Christopher, Phoenix, AZ McNaughten, Charles, Tolleson, AZ Melton, Keith, Portland, TN Merriman, Randy, Bluffton, IN Mount, Cary, Fountain, CO O'Connor, Robert, Fountain, CO Parkins, Robert, Ames, IA Pelfrey, Larry, Cleveland, TN Pritchard, Kerry, Murfreesboro, TN Rice, Lawrence, Huntsville, AL Richards, Paul, Cleveland, TN Ridge, Phillip, Portland, TN Rowe, Charles, Fountain, CO Rutledge, Ronald, Fountain, CO Sauceman, Terry, Dandridge, TN

Gilbert, Thomas, Bluffton, IN Harwood, Marion, Portland, TN Herrington, Michael, Portland, TN Kirkham, David, Portland, TN Lane, Charles, Bluffton, IN Long, Paul, Cleveland, TN Morgan, Sonya, Murfreesboro, TN Mosser, Terry, Bluffton, IN Radford, Mike, Murfreesboro, TN

Johnson, Jeff, Cleveland, TN Lewis, Judson, Cleveland, TN Ray, Clarence, Portland, TN Thompson, Wayland, Murfreesboro, TN

Cole, John, Murfreesboro, TN

Scherer, Steven, Bluffton, IN Schweikhardt, Michael, Bluffton, IN Seagraves, Randall, Tampa, FL Selvage, Dwayne, Fountain, CO Singenberger, Jon. Tolleson, AZ Smith, Jennifer, Murfreesboro, TN Snead, Larry, Tolleson, AZ Solomon, Renee, Huntsville, AL Stone, Robert, Omaha, NE Vancleave, Ronald, Tolleson, AZ Vannote, James, Orlando, FL White, Lonnie, Portland, TN Widener, John, Portland, TN Wilhelm, Danny, Bluffton, IN Williams, Edward, Portland, TN Young, Donnie, Bluffton, IN

Rose, Wayne, Huntsville, AL Smith, Dana, Murfreesboro, TN Solomon, Marvin, Portland, TN Thompson, Raymond, Huntsville, AL Waddell, Alfred, Cleveland, TN Weyer, Charles, St. Joseph, MO White, Barbara, Murfreesboro, TN Williams, Joseph, Dandridge, TN Williams, Shellie, Murfreesboro, TN

Ventura, Allison, Murfreesboro, TN Wallace, Judy, Cleveland, TN

Winters, Tom, Murfreesboro, TN