



USING THE PLUS90 NETWORK

You can now purchase up to a three-month supply of most medications^{*} at participating retail pharmacies through the maintenance pharmacy retail network.

Plus, ordering a three-month supply can save you money – you will pay less copays because you are not ordering as often. If you choose to use a retail pharmacy that is not part of the Plus90 Network, you are limited to a one-month supply.



THESE NATIONAL CHAIN PHARMACIES ARE PART OF THE PLUS90 NETWORK

- Bi-Lo[®]/Food City[®]
- CVS/pharmacy[®]
- Fred's Pharmacy[™]
- Kmart[®]
- Kroger[®]
- Publix[®]
- Rite-Aid[®]
- Sam's Club[®]
- Wal-Mart[®]
- Walgreens[®]

To find out if other retail pharmacies in your area participate in this network, visit **bcbst.com** and click on the "**Find a Doctor**" link on the right side of your screen.

- Click on FIND A DOCTOR
- Under the "Pharmacy" tab, begin your search by pharmacy type or name

* Your doctor will need to write your prescription for a three-month supply. Specialty pharmacy medications are limited to a one-month supply and should be purchased from a Specialty Drug vendor. Other selected medications have quantity limits. Check the Pharmacy Section of bcbst.com for the most up-to-date information.

BlueCross BlueShield of Tennessee

BlueCross does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations.

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For TDD/TTY help call 1-800-848-0299. Spanish: Para obtener ayuda en español, llame al 1-800-565-9140 Tagalog: Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-565-9140 Chinese: 如果需要中文的帮助,请拨打这个号码 1-800-565-9140 Navajo: Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-565-9140