Biometric Screening Physician Results Form and Lab Visit

For questions about your Physician Results Form or Lab Visit, please call customer support at 1-800-451-6889, Monday-Friday 8:30AM-5:00PM EST

To Access by Phone:

Call 1-800-451-6889 to request a form be emailed to you or mailed to your home address

To Access Online:

- Login to your FirstFleet portal account.
- Click on the **Employee Benefit Info** link to access your personal benefits page.
- Click on the blue box on the right called Access BCBST.
 - This link will take you to your personal account on the BlueAccess website.
- Choose Managing Your Health
- Click Biometric Screening
- Confirm your information to continue
- Click Choose your preferred service option

401K Enrollment Instructions Using this link you will find a PDF document that defines the process whereby any employee may quickly enroll in the 401K program provided by FirstFleet, Inc.	3
Cintas Online Ordering This tool is designed to allow the Recruiting team a simple mechanism to place online orders for employee uniforms.	3
Direct Deposit Change Request Generate a direct deposit change request form.	37
ElectronicCommunication Manage your preference for receiving communications from FirstFleet.	3
Employee Benefit Info Information related to insurance benefits FirstFleet makes available to its employees including your personal enrollment status in the respective benefit.	<

FirstFleet.	HOME ABOUT SERVICES	S CAREERS CONTACT MY	PORTAL TENFOUR
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G My Portal		<u> </u>	5how Quick Links 🛃
Employee Benefits Below is a summary of each of the benefits FirstFleet offers. They are gr summary info on this page, you can also:	rouped into tabs to make it easier to ary Manage your B	see each group of benefits. In ad	dition to viewing the w to Enroll
V HEALTH V LIFE 🔥 DISABILITY	\$= FSA/HSA	SUPPLEMENTAL	K WELLNESS
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bioiQ	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS
Welcome back to BiolQ! You last logged in 11 minutes ago.	
Health Dashboard	
Step 1 ACT NOW Choose your preferred service option.	
Test/Disease/Date Result Complete No Results Available	BiolQ Progress Check back here after your screening to get a detailed report

To Access a Physician Results Form

- Click Select Physician Results
- Click Select Physician Results Form
- Click Download your Physician Results Form.
- Print your form and take to your Physician to fill out.
- Submit your completed Physician Results Form (instructions on following pages)

bioiQ		You are logged in as ALEXANDRIA CHOATE	SUPPORT	LOGOUT TEST RESULTS
Select Your Screening Option				
There are currently no available vaccination only service options				
Lab Visit Select a Lab Visit	Register for a Lab Visit, find the ne	earest lab location, and show up at t	ne lab you se	elect.
Physician Results Select Physician Results	Either Upload or Fax the results o	f a recent screening that was admini	stered by yo	ur

bioiQ	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS
Confirm Your Selection	
Select Physician Results Form or Click Here to Select an Alternate Screening Option.	
You must have completed a visit with a physician within the past 6 months that included a Choleste measurements for Height, Weight, and Blood Pressure.	rol (Total Cholesterol and HDL) and Glucose screening along with



To Submit a Physician Results Form

- You can submit your completed form by fax or upload (preferred)
 - To submit your form by fax:
 - You or your physician must fax the completed form to 412-432-5714
 - To submit your form by upload:
 - Follow the instructions below for submitting by either smart phone or computer

To Submit a Physician Results Form by Smart Phone

- Login to BCBST.com on your smart phone browser
- Click the menu bars ≡
- Choose Managing Your Health
- Click Biometric Screening
- Choose clicking here on the Health Dashboard
- Choose clicking here on the Physician Results Form Confirmed page
- Click Choose File and take a clear picture of your form
- Click Upload
- You will get a message saying your Physician Results Form uploaded successfully





bioiQ

You are logged in as TEST TEST	SUPPORT	LOGOUT
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Physician Results Form Confirmed

Congratulations on selecting this screening option. Follow the simple steps below to receive credit for visiting your physician within the past 6 months.

It is your responsibility to make sure that all of the information on the Physician Results Form is provided and clearly recorded. Be sure to review the Physician Results Form for clarity and completeness before it is submitted. Incomplete or illegible Physician Results Forms will not be processed.

Here are the instructions:

STEP 1.	Download your Physician Results Form.
STEP 2.	Print your Physician Results Form.
STEP 3.	Bring your Physician Results Form to your physician to fill out.
STEP 4.	Submit your Physician Results Form in one of two ways: Scan your completed Physician Results Form and upload it by clicking here. You or your physician fax in the completed Physician Results Form to 866-561-3390.

bioiQ	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS
Upload Your Completed Physician Results Form	
Back Notes: Allowed formats for the Physician Results Form are application/pdf, image/png, image/jpeg, and image/tiff. The file should not exceed 20MB in size. Choose File Upload	

bioiQ	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS
Physician Results Form uploaded successfully.	
Test Results	
No test results yet.	
Download your Physician Results Form.	

To Submit a Physician Results Form by Computer

- Login to your FirstFleet portal account.
- Click on the Employee Benefit Info link to access your personal benefits page.
- Click on the blue box on the right called Access BCBST.
 - This link will take you to your personal account on the BlueAccess website.
- Choose Managing Your Health
- Click Biometric Screening
- Choose clicking here on the Health Dashboard
- Choose clicking here on the Physician Results Form Confirmed page
- Click Choose File and select your form from your computer
- Click Upload
- You will get a message saying your Physician Results Form uploaded successfully



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bioi	iQ.	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS
Physicia	an Results Form Confirmed	
Congratulations It is your respor Form for clarity Here are the inst	on selecting this screening option. Follow the simple steps below to receive credit for visiting your p hsibility to make sure that all of the information on the Physician Results Form is provided and cle and completeness before it is submitted. Incomplete or illegible Physician Results Forms will not tructions:	hysician within the past 6 months. arly recorded. Be sure to review the Physician Results be processed.
STEP 1.	Download your Physician Results Form.	
STEP 2.	Print your Physician Results Form.	
STEP 3.	Bring your Physician Results Form to your physician to fill out.	
STEP 4.	 Submit your Physician Results Form in one of two ways: Scan your completed Physician Results Form and upload it by clicking here. You or your physician fax in the completed Physician Results Form to 866-561-3990. 	

Within 7-10 days of submitting your form you will receive an email from BiolQ confirming your Physician Results Form has been processed.

bioiQ	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS
Upload Your Completed Physician Results Form	
Back Notes: Allowed formats for the Physician Results Form are application/pdf, image/png, image/jpeg, and image/tiff. The file should not exceed 20MB in size. Choose File Upload	

bioiQ	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS
Physician Results Form uploaded successfully.	
Test Results	
No test results yet.	
Download your Physician Results Form.	

To Access a Lab Visit

- Click Select a Lab Visit
- Press Click to Select next to your desired Lab location
 - Participating labs located close to your mailing address will appear
 - o To choose a different area, click Search for lab locations in a different zip code
- Click Download and print your lab form.
- Take the form to your selected lab location. Your results will automatically be sent to BCBST.

bioiQ	You are logged in as ALEXANDRIA CHOATE SUPPORT LOGOUT	
Select Your Screening Optio		
There are currently no available vaccination only service opt	ons.	
Lab Visit	Register for a Lab Visit, find the nearest lab location, and show up at the lab you select.	
Physician Results Select Physician Results	Either Upload or Fax the results of a recent screening that was administered by your personal physician.	
bioiO	You are logged in as TEST TEST SUPPORT LOGOUT	
	HEALTH DASHBOARD TEST RESULTS	
Select The Lab Location Nea	rest You	
or Click Here to Select an Alternate Screening Option.		
LABCORP	:k to Select	
2955 LOMA VISTA RD VENTURA, CA 93003	Isla Vista Santa Barbara Toro Canyon Carpinteria (150) Oak	
805-643-6455 MONDAY-FRIDAY LUNCH DRUG SCREEN PATERNITY 7:00AM-4:00PI 12:30P-3:30PM 9:00AM-3:00PM	I11:30A-12:30P Google Click here to search for different lab locations These lab locations are near zip code: 93101 different lab locations Search for lab locations in a different zip code different lab locations	
bioiQ	You are logged in as TEST TEST SUPPORT LOGOUT HEALTH DASHBOARD TEST RESULTS	
Lab Visit Location Confirmed		
Click here for driving directions	Santa Maria	
Or click here to choose a different lab location	Lompoc Solveng	
Congratulations!		
Congratulations! You have selected to visit the following location: LABCORP	(iii) Santa Barbara	
Congratulations! You have selected to visit the following location: LABCORP 2955 LOMA VISTA RD VENTURA, CA 93003 Phone: 805-643-6455 Hours: MONDAY-FRIDAY LUNCH DRUG SCREEN PATERNITY 7:00	AM-4:00PM 11:30A-12:30P 12:30P-3:30PM	
Congratulations! You have selected to visit the following location: LABCORP 2955 LOMA VISTA RD VENTURA, CA 93003 Phone: 805-643-6455 Hours: MONDAY-FRIDAY LUNCH DRUG SCREEN PATERNITY 7:00 9:00AM-3:00PM Please complete your lab visit at your earliest convenience.	AM-4:00PM 11:30A-12:30P 12:30P-3:30PM	
Congratulations! You have selected to visit the following location: LABCORP 2955 LOMA VISTA RD VENTURA, CA 93003 Phone: 805-643-6455 Hours: MONDAY-FRIDAY LUNCH DRUG SCREEN PATERNITY 7:00 9:00AM-3:00PM Please complete your lab visit at your earliest convenience. To complete your pharmacy visit please follow these steps:	AM-4:00PM 11:30A-12:30P 12:30P-3:30PM	